

Prayer of St Ephrem

**Lord Jesus Christ,
Master of my Life,
take away from me
the spirit of laziness, business,
pride, and gossip.**

-prostration-

**Give instead to me, your servant,
a spirit of integrity, humility,
patience, and love.**

-prostration-

**Yes, O Lord and king!
Show me my own sin,
and help me not to judge other people
For you are blessed
unto ages of ages.**

-prostration-